

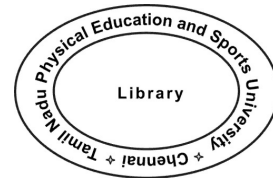
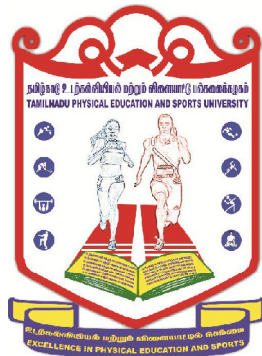
**ISOLATED AND COMBINED EFFECTS OF YOGIC PRACTICES AND
AEROBIC EXERCISES ON SELECTED PHYSICAL FITNESS
PHYSIOLOGICAL PSYCHOLOGICAL AND SKILL
PERFORMANCE VARIABLES OF
WOMEN BASKETBALL
PLAYERS**

*Dissertation Submitted to Tamil Nadu Physical Education and Sports
University, Chennai for the fulfillment of the requirements
For the award of the Degree of*

**DOCTOR OF PHILOSOPHY
IN
PHYSICAL EDUCATION**

**Submitted by
S.EZHILARASI**

**Guided by
Dr. AMSA NATARAJAN**



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